

## **News Letter N° 1 of Jean Jacques Velicitat Professional Actor .**

Hello Every one ! Sawadee khrap touk khon, Sabaydee may Khrap ?

It's Jean Jacques Velicitat the Professional Actor.

Every months you will receive this letter, about my news ...  
It will be a link between you and me, a way to know me better ...

I will speak about the work I have done, my projects, the castings I have done and also my personal goals.  
And because I'm crazy about movies and books, the best movie I had seen, and the best book I had read.

### **The Professional News :**

I just came back from Paris so the news will be short.

"Tsunami the Aftermath" shooting in Phuket few months ago,  
On the screen this month for HBO and BBC.  
One of the commercials I done is on the screen in France at the moment name "Forte Maxx"

I work in a movie name's : "Crocs" shooting in Krabi this month.  
My part : a Crocodile Hunter.

I done a casting at Unique Management 2000.  
A Vietnamese commercial for a product name's "Sheen of oil free" with Nisa a Vietnamese movie star .  
Also a casting at Phoscine House Co Ltd.  
A Thai commercial for "Mobile oil motor"  
And a casting for a Thai commercial name's Trilon,  
At Matching Studio.

### **The Personal News :**

I just come back from Paris, where I spent a lot of time to eat French food and drink wine with my friends and family.  
Nothing special, all the French do that you will say !!!  
But the result : three more kilos on my hips !!!  
So since one month now I'm on diet and I loose already seven kilos.  
Every day I swim between 30' and 45' minutes and I have a very strict food program .  
Next month I will start a program in a Fitness Studio .  
When I was young I use to do a lot of sport but since few years, I have been a little lazy, so it was time to do something !!!  
In France I was playing golf, so last week I went back to the practice course to hit some balls... I need to practice too !!!

### **The Best movie on the month:**

"Fauteuils d'orchestre" a French movie direct by Danièle Thompson and Christopher Thompson.

you can translate the title by “Orchestra Armchairs”

The story :

Catherine, hugely popular (and wealthy) from her long-running television soap opera, longs for glory on the big screen. She prepares to star in a Feydeau farce about to open on the 17th, but despite all her success she wonders if her work has any value or meaning. Jean-François, piano prodigy with an international reputation, is preparing for a major Beethoven recital on the 17th, yet he basically just wants to be alone. Jacques, a businessman turned art connoisseur, has amassed an extraordinary, highly personal art collection, but on the 17th it will all be sold off. Catherine, Jean-François and Jacques have all devoted their lives to art, yet what kinds of lives has art given them? They sometimes cross paths and nurse their neuroses at a café where they are waited on by Jessica, recently arrived in Paris on her own quest for fame and fortune.

Link : <http://www.imdb.com/title/tt0444112/combined>

**The Best book of the month :**

“The Power of Now” by Eckhart Tolle.

Eckhart Tolle speaks of a profound transformation of human consciousness, available not in some distant future, but right here and now. We are shown how to free ourselves from enslavement to the mind, and enter into this enlightened state, which is characterised by a profound inner peace and intense conscious presence. Even more importantly, Tolle gives us the most eloquent and practical guidelines on how to sustain this new state of consciousness in everyday life. The teachings given in this book have been spreading round the world like wildfire and, when you read it, you will see why!

Link : [www.eckhartolle.com](http://www.eckhartolle.com)

[http://www.cygnus-books.co.uk/mind\\_body\\_spirit\\_books/power\\_now.htm](http://www.cygnus-books.co.uk/mind_body_spirit_books/power_now.htm)

Of course I don't know all the movie and commercial upcoming !!!

So if you have some information's about casting, casting director contact, or if you think some of your friends can be interesting by my profile,

Send me they're email address or give them my website link.

Thank's for your attention.

That's all for this month **“Enjoy the present day”**.

**For more informations about Jean Jacques Velicitat...**

**Have a look to my website.**